

# **GUIDELINES ON**

# **TAMA CITY NATIONAL HEALTH INSURANCE**

## **for Foreign Nationals**

National Health Insurance (NHI) is a medical insurance system based on mutual assistance in which the insured members pay their insurance premiums in order to lessen the burden on medical expenses in case of illness or injury.

### **1 【WHO ARE ELIGIBLE TO JOIN】**

As a general rule, eligible are those foreign nationals who are residing in Japan for more than three months and are subject to the Basic Resident Registration Act; and those who are not enrolled in the health insurance plan in their workplace.

※If the period of stay is less than three months, but, is expected to stay longer, please consult with the Health Insurance Department by bringing with you any documents proving that you will be staying for more than three months.

#### **【WHO ARE NOT ELIGIBLE TO JOIN】**

- Those who have joined a health insurance plan in their workplace.
- Those who are currently receiving welfare assistance.
- Those who have expired their visa (overstaying) and those illegal immigrants.

### **2 SUBSCRIPTION AND WITHDRAWAL**

#### **【NECESSARY DOCUMENTS WHEN JOINING】**

- Resident's Card
- Passport (for verification of the period of stay)
- Certificate of resignation or a proof that you have left the company's health insurance: when you withdraw from company's health insurance plan
- Notice of a decision terminating the welfare assistance: when you stop receiving welfare assistance

#### **【NECESSARY DOCUMENTS WHEN WITHDRAWING】**

- Resident's Card
- National Health Insurance Card
- Tax notice about insurance tax
- New health insurance card: if you have joined the company's health insurance plan
- Notice of a decision that you will start receiving the welfare assistance: if you will be receiving the welfare assistance

Please make sure to report your withdrawal. If you fail to do so, you will continue to receive a statement of insurance tax payment.

### **3 RE-ISSUANCE OF HEALTH INSURANCE CARD**

- When an insurance card is lost: You must present your resident's card, a driving license or a notice of insurance tax payment
- When there are changes to the information in your health insurance card such as extension of period of stay, etc.: You must present your resident's card and health insurance card.

### **4 COVERAGE OF THE NATIONAL HEALTH INSURANCE SYSTEM**

When you receive a medical treatment at a hospital or any medical institutions, you have to pay a certain percentage of medical expenses depending on your age.

For pre-school children ...20 % of medical expenses

For elem. school children to persons below 70 years old...30% of medical expenses

For persons aged 70 & above to below 75 years old...10% or 30% of medical expenses

※ In case you wish to undergo a medical treatment cause by deliberate criminal act and traffic accident, a fight, a suicide, etc., please contact the Insurance Department, as there might be some cases that you may not be able to use your insurance.

**【OTHER BENEFITS】 \*Please inquire for details.**

- ①A lump sum birth allowance is provided when a baby is born.
- ②A funeral fee for the death of the insured member is paid to the person who takes charge of the burial.
- ③Medical expense subsidy is provided to those who underwent a general health checkup subject for persons aged 30 years old & above.
- ④High-cost medical expenses subsidy is provided when the person receive high cost medical treatment.
- ⑤Overseas medical care expenses benefit is provided when you receive medical treatment overseas.
- ⑥Medical health checkup and health guidance for those aged 40 and above.

- A notification of insurance tax will be sent to you in the succeeding month of your subscription. Please pay your premiums on each designated date of payment.
- Please file your income tax at the Taxation Department of City Hall. A reduction from your insurance tax might be made, if you have no income in Japan by the end of previous year.
- Payment of insurance tax can also be deducted automatically from your bank account, instead of by ordinary payment at a bank, a post office, or a convenience store.
- Please consult with us if you are experiencing difficulty to pay your insurance tax.

**You may not be able to avail the system, if you did not pay your insurance premiums and couldn't come to consult for payment of your tax.**

**●Inquiries: Insurance Dept. (*Hokennenkin-ka*), 1F, Tama City Hall**

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**For No. 1~4: Please contact the In-charge of National Health Insurance  
(*Kokuho-kakari*): Tel. 042-338-6824**

**For No. 5 : Please contact the Insurance Tax In-charge (*Hokenzei-tanto*)  
Tel. 042-338-6840**