

## ● THE 2023 TAMA CITY COMPREHENSIVE DISASTER PREVENTION DRILL WILL BE HELD

On Saturday, September 2<sup>nd</sup>, a drill based on the assumption of an earthquake directly under the eastern Tama will be conducted. This year, safety confirmation drills will be held in the Suwa, Renkoji, Hijirigaoka and Nagayama districts using Tama City designated garbage bags with “We are safe” message printed on them, and the training for setting up and management of evacuation centers in elementary and junior high schools in each district.

At 4 p.m., a siren sound from the disaster administrative radio system will be heard. In addition, pet spaces will also be open to the public at three evacuation centers in the Suwa district. You can actually bring your pets with you. Please bring them in a cage.

**Time** 4 p.m.~7 p.m. (Will be held rain or shine, cancelled in case of stormy weather) **Note** A training on setting up and management of evacuation shelters will be held at Suwa Jr. High School, Suwa Elem. School, Kita-Suwa Elem. School, Renkoji Elem. School, Hijirigaoka Jr. High School, Hijirigaoka Elem. School, Tama Nagayama Jr. High School, Nagayama Elem. School, and Uryu Elem. School. (You can come to observe by 5 p.m.~6:30 p.m. You need to bring your indoor shoes.) **Application** Come to the place directly on the day. **Inquiries** Disaster Prevention and Safety Section, Tama City Hall ☎042-338-6802

## ● THE 40<sup>TH</sup> (FY 2023) MUNICIPAL PUBLIC OPINION SURVEY: Please cooperate

If you have received the survey form, we would appreciate your cooperation in completing them. As soon as the survey results and reports are compiled, we will post them on Tama City official website and make them available for viewing at the city libraries, etc..

**Survey period** Aug. 24<sup>th</sup> (Thu.)~Sept. 6<sup>th</sup> (Wed.) **Target** 3,000 Tama City residents aged 18 & older (at random) **Procedure** Survey forms are distributed by mail. Responses can be mailed or you may send them on the Internet **Research outsourcing agency** Adams Communications Co., Ltd. **Inquiries** Secretary-Public Relations Section ☎042-338-6806 Fax 042-338-3311

## ● WOULD YOU LIKE TO VOLUNTEER FOR A ROAD CYCLING RACE?

THE ROAD RACE TOKYO TAMA 2023 will be held using the course of the Tokyo 2020 Olympic Cycling Road Race, where athletes including top Japanese athletes will compete.

**Date/Time** Sunday, December 3<sup>rd</sup> for around 4 hours (plan) **Place** Along the road racing course in Tama City **Eligible** Applicants must be 16 yrs. of age or older at the time of application (Jr. high school graduate or above; if you are below 18 at the time of application, you will need to submit a letter of consent from a person with parental authority, etc.) **Contents of activity** Organizing and guiding spectators and pedestrians along the course to secure the route, and preventing them from entering the course, etc. **Note** Attendance at a pre-briefing in early November is required. For details, please refer to the application guidelines distributed at city hall 4F Sports Promotion Section, city office Tama Center-station branch, Nagayama and Sekido public halls (*kominkan*), or through the official website of Tama City which will be posted from Saturday, August 5<sup>th</sup>.

**Application/Inquiries** Submit your application online through the official website by Monday, August 7<sup>th</sup>~Sunday, September 24<sup>th</sup>, Sports Promotion Section ☎042-338-6954 Fax 042-371-3711

## ● CHANGING THE LAYOUT OF THE CITY HALL TO CREATE A SAFE AND COMFORTABLE SPACE FOR VISITORS

From Monday, August 14<sup>th</sup> onward, the layout of the first, second, and fourth floors of the main city hall building and the second floor of *daini chosha* (city hall annex) will be subsequently changed to provide more space for the counters and corridors, which had not been sufficiently spacious until now. By securing enough space around the counter, the environment will be more privacy-friendly for those who come to consult with us. Also, by widening the width of the corridor the waiting area can be secured and anyone can pass through without worry.

■ From Monday, August 14<sup>th</sup>, the Economy and Tourism Section on the 2<sup>nd</sup> floor of the main building, and the Community and Life Section, Culture and Lifelong Learning Promotion Section, and Sports Promotion Section on the 4<sup>th</sup> floor will move to the 2<sup>nd</sup> floor of *daini chosha*. The Welfare and General Affairs Section will move from 4<sup>th</sup> floor to the 2<sup>nd</sup> floor of the main building.

■ From Tuesday, October 10<sup>th</sup>, the Childcare Support Section and the Children and Youth Section will move from the 2<sup>nd</sup> floor to the 4<sup>th</sup> floor of the main building. A consultation space on the 4<sup>th</sup> floor will be set up! By creating a consultation space away from the counter provides privacy and can seek advice without worry.



▲ Scan for details

■From November onward, the Welfare and General Affairs Section on the 2<sup>nd</sup> floor of the main building and the Office for Promotion of Health/Wellbeing and Community Development on the 1<sup>st</sup> floor will move to the 2<sup>nd</sup> floor of the main building.

Widening of the corridors on the first and second floors of the main building! By moving the counters back, the corridors around the counters will be widened, making it easier to pass through for people in wheelchairs and those with disabilities, and will provide more privacy for those seeking advice.

## ●LECTURE ON SOFT PIANO MUSIC~A journey through the season (Summer edition)~

**Date/Time** Saturday, August 26<sup>th</sup> 2 p.m.~3:45 p.m. **Venue** Dai-1 Music Room, Nagayama Kominkan  
**Capacity** 25 people (First-come first-served basis with priority given to Tama City residents. Preschool children are not allowed)  
**Program** Debussy: Reflections in the water, Albeniz: Asturias, etc. **Lecturer** Kanae Furomoto (pianist)  
**Application** Call Nagayama Kominkan (☎042-337-6661) to apply starting Monday, August 7<sup>th</sup>, 9 a.m.

## ●ADVISORY SERVICE RELATED TO CORONAVIRUS

©Tama City's Coronavirus Telephone Consultation Service ☎042-376-9111

**Date/Time** Monday~Friday 9 a.m.~12 p.m. / 1 p.m.~5 p.m. (excluding public holidays)

**Note** Please say that you are seeking a coronavirus consultation ("Shingata corona denwa sodan") when you call.

©Please see the official website for the latest information about coronavirus vaccination.

**Inquiries** Coronavirus Vaccination Call Center ☎042-313-7003 (9 a.m.~5 p.m. excl. Sun. and holidays)



## ROTA OF ON-DUTY DOCTORS ON HOLIDAYS 9:00-17:00 TAMA CITY DOCTORS ASSOC.: <http://www.tama-med.or.jp/toban/>

8/11(Hol.) Maehara Pediatrician ☎042-374-5028 5F Seiseki Sakuragaoka OPA, 4-72 Sekido	9/3(Sun.) Abe Tama Center Internal Med. ☎042-373-7755 2F Tama Medical Bldg., 1-22-2 Tsurumaki
8/13(Sun.) Hijirigaoka Hospital ☎042-338-8111 2-69-6 Renkoji	9/10(Sun.) Suzuki Internal Medicine & Gastroenterology 5-4-10 Nagayama ☎042-371-2760
8/20(Sun.) Seiseki Sato Clinic ☎042-337-2715 1F C-Bldg., Keio Seiseki Sakuragaoka SC, 1-7-5 Sekido	●Emergency cases only. ●Be sure to bring your health insurance card and infant healthcare card (if applicable) ●Please visit during clinic hours
8/27(Sun.) Matsuda Clinic ☎042-373-3205 1-48-1 Kaidori	※Always call in advance ※This list is subject to change

## NIGHT CLINIC FOR CHILDREN (Pediatrics)

Please visit this clinic first if your child has an emergency.  
 (19:00-21:45) ☎042-375-0909



## EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(9:00-15:30 Sundays & public holidays) ☎042-376-8009

Note: Please call in advance.

## INFORMATION ON MEDICAL INSTITUTIONS (24/7)

Emergency Call Center (Tama Fire. Dept.) ☎042-375-9999  
 Fire Dept. Emergency Consultation Service ☎ #7119 (mobiles, PHS, push-button phones) ☎042-521-2323 (dial-up phones)  
 Tokyo Met. Med. Health Info Service "Himawari" ☎03-5272-0303

## MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center)  
 9:00-20:00 ☎03-5285-8181

**Counseling for Foreign Residents** Every 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month (13:30-16:30) TIC Rm. By appointment only

**Japanese Class Schedule** (Classes are free for TIC members)



Commissioned by Tama City

	Venue	Time	Dates	
			August	September
Monday classes	Parthenon Tama 4F, Meeting rooms 3 & 4	9:45-11:45	No classes	4 <sup>th</sup> / 11 <sup>th</sup> / 25 <sup>th</sup>
	Nagayama Kominkan 5F, Bellebs Hall	9:30-11:30	"	4 <sup>th</sup> / 11 <sup>th</sup> / 25 <sup>th</sup>
Thursday classes	TIC Room (7F VITA Commune)	10:00-12:00	"	7 <sup>th</sup> / 14 <sup>th</sup> / 21 <sup>st</sup>
		19:00-21:00	"	7 <sup>th</sup> / 14 <sup>th</sup> / 21 <sup>st</sup>
Saturday classes	TIC Room (7F VITA Commune)	14:00-16:00	"	2 <sup>nd</sup> / 9 <sup>th</sup> / 30 <sup>th</sup>

△For reservations and inquiries regarding the above, please call the TIC office: 042-355-2118

Published on the 10<sup>th</sup> of every month by the Culture & Lifelong Learning Promotion Section, Living & Culture Dept. Tama City Hall Tel. 042-338-6882

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Office hours: Mon.-Fri. 10 a.m. - 5 p.m. Closed Sundays, every 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month, national holidays, year-end and new-year holidays and extra holidays.

If you have any comments or requests regarding Hand in Hand in TAMA, please send them to the above address.

This newsletter is available in four languages (Japanese, English Chinese, Korean and easy Japanese); please

contact the TIC office if you would like a copy.

Editing: Toshiaki Nagano

